# **ROOKS COUNTY YOUTH TRACK MEET**

Sponsored by Plainville/Stockton/Palco Recreation Commission and Rooks County Track Club

Saturday, May 10th 2025

Check in begins at 8:30AM Field Events begin at 9:00AM Running Events begin at 11:00AM

Online registration is recommended. No race-day registrations will be accepted. Registration deadline is Friday May 9th, 2025 6PM! Online registration link: https://ks.milesplit.com/meets/676144-rooks-county-youth-track-meet-2025

Participants Name:		Date of Birth:	
Gender (please circle):	Male	Female	Age on day of Meet:
Phone:	or Track Club:		
			he Rooks County Youth Track Meet and will not hold the Rooks
County Track Club, Plain	/ille/Stocktor	n Recreation Commi	ission, USD 270, the City of Plainville or any meet
			njury that may occur at this meet.
Parent/Guardian Signatu	ıre:		Date:
		•	n event. Ribbons will be given to 4 <sup>th</sup> -6 <sup>th</sup> place in each event.
Limit of 3 events per ath	lete. This lin	nit does not include	e participating in team relays.

#### 4-6 AGE DIVISION

Limit of 3 events

50 Meter Dash	Long Jump (running)
100 Meter Dash	Softball Throw
200 Meter Dash	Turbo Javelin

## 9-10 AGE DIVISION

Limit of 3 events + relay option

50 Meter Hurdles 30in.	Long Jump
100 Meter Dash	High Jump
200 Meter Dash	Discus
400 Meter Dash	Shot Put
800 Meter Run	Turbo Javelin
1600 Meter Run	4x100 Meter Relay

#### 7-8 AGE DIVISION

Limit of 3 events + relay ontion

Elimic of 3 events + relay option				
50 Meter Dash	Long Jump (running)			
100 Meter Dash	Softball Throw			
200 Meter Dash	Turbo Javelin			
400 Meter Dash	4x100 Meter Relay			

#### 11-12 AGE DIVISION

Limit of 3 events + relay option

75 Meter Hurdles 30in.	Long Jump
100 Meter Dash	High Jump
200 Meter Dash	Discus
400 Meter Dash	Shot Put
800 Meter Run	Turbo Javelin
1600 Meter Run	4x100 Meter Relay

Parent/Coaches relay after the 4x100! 5 and under littles 50 meter after 7-8 division 50 meter!

Entry Fee: \$20.00 per participant.

Make check payable to PRC (Plainville Recreation Commission). Entry Fees are non-refundable.

Mail or drop off registration forms and/or fees to: Plainville Recreation Commission, 110 S. Main Street, Plainville KS 67663. Payment can also be made day of the meet.

### For questions contact:

Missy Cadoret at 785-737-3163 <u>missycadoret@hotmail.com</u> Tanya Meyers at 785-737-6220 <u>plainvillerecreation@gmail.com</u>

The meet will be held at the Plainville High School Track. Concessions will be available.